



New Mexico Public Schools Insurance Authority
BlueCare Dental



**BlueCross
BlueShield**
of New Mexico



**New Mexico
Public Schools
Insurance
Authority**

VIRTUAL DENTAL VISITS

Powered by



Virtual dental visits are an option with BlueCare Dental.

You and your covered dependents can use these visits when you:

- Have an urgent dental issue and can't see your dentist
- Need access to a dentist after business hours
- Want to consult a dentist without leaving home, or while traveling

What can a virtual dentist do for you?

- Address tooth pain due to things like cavities, gum disease, impacted wisdom teeth
- Assess trauma, such as a chipped tooth
- Prescribe appropriate medications

Virtual visits are part of the BlueCare Dental PPOSM Network

Virtual visits may not be available on all plans.

Teledentistry.com is an independent company that operates and administers the virtual dental visits program for Blue Cross and Blue Shield of Illinois. Teledentistry.com is solely responsible for its operations and for those of its contracted providers. Teledentistry.com® and the Teledentistry.com logo are registered trademarks Teledentistry.com and may not be used without permission.

How Teledentistry Works

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Our easy 3-step process helps you get urgent dental care from a licensed dentist virtually, providing quick relief when you need it most.

Call or chat with us any time

Our 24/7 emergency dental team verifies your insurance along with your preferred pharmacy.

Access a dentist right away

Based on your dental needs, we'll quickly connect you with a virtual dentist for immediate dental emergency care.

Get emergency dental relief

Following your consultation, any necessary prescriptions will be sent directly to your preferred pharmacy.

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BlueCare Dental PPOSM
Network**

**Simply call 1-866-256-2054 or
visit Teledentist.com and
provide some required
information. You will be
connected to a dentist via video
conference within 10-15 minutes
and the average consult only
takes 3-5 minutes!**

What Teledentist.com Can Help With

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Toothache or pain

Have tooth pain? Our online dentists are here to help and can even prescribe medication if necessary.

Jaw injury

Contacting a dentist for a jaw injury is crucial to prevent potential complications and long-term damage.

Bleeding gums

Contact us to identify the cause of bleeding gums and prevent further tissue damage from occurring.

Knocked out tooth

In the critical moments after a tooth is knocked out, call a dentist to save the tooth, and prevent complications.

Swollen cheek or jaw

Contacting a dentist for a swollen cheek or jaw is vital to diagnose and treat any underlying infections or issues before they escalate.

Chipped, cracked or broken teeth

We understand accidents happen. Contact us to prevent infection, relieve pain, and restore your smile.

Lost filling or broken crown

For a lost filling or broken crown, call a dentist to prevent pain, infection, and restore your tooth's function.

Abscess or swelling

Promptly addressing an abscess or swelling in the mouth is essential. Our urgent dental care services ensure you get immediate attention.

How to Get Started

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Follow these easy steps to get started

Visit your BlueCare Dental Wellness Center or
TeleDentistry.com

- **Step 1** Enter your information and click Signup
- **Step 2** Complete all required online forms.
- **Step 3 (optional)** Take photos of the problem area.
- **Step 4** You will be connected with a TeleDentistry.com dentist to begin your consultation.

After the Consultation

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TELEDENTISTRY.com
Your Dentist. Anytime Anywhere®

TeleDentistry.com dentists provide initial consultation services and can write prescriptions** when appropriate. The TeleDentistry.com dentist will email consultation notes to your dentist for further treatment. If you do not have a dentist, TeleDentistry.com will refer you to a dentist with your authorization.

The virtual visit will be paid the same as if you were visiting your dentist office for the same service. If you need follow-up care and don't have a regular dentist, Teledentistry.com can help you find a dentist. If you follow up with your regular dentist, they can send them a report regarding the virtual visit.

Teledentistry should be used after business hours, on holidays and weekends, or when experiencing a dental emergency and your regular dentist is not available.

Need more help? Call 24/7 at (866) 256-2054

**E-prescriptions are not available internationally.





BlueCare DentalSM

The Right Choice!

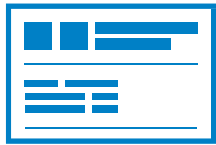
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One of the **Largest Dental Carriers**

NATIONWIDE and in **NEW MEXICO**



Providing **Dental benefits**
to **New Mexico employers**
SINCE 1975



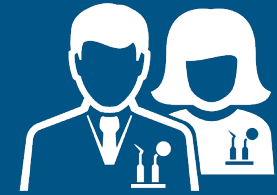
Trusted by **OVER 600**
NEW MEXICO employers**



Nearly 5 Million
Dental members
Nationwide



One of the **LARGEST**
DPPO Dental Networks



OVER 1,100
unique dentists in
New Mexico and **OVER**
150,000
Nationwide*

More unique providers in our
network than any other carrier!



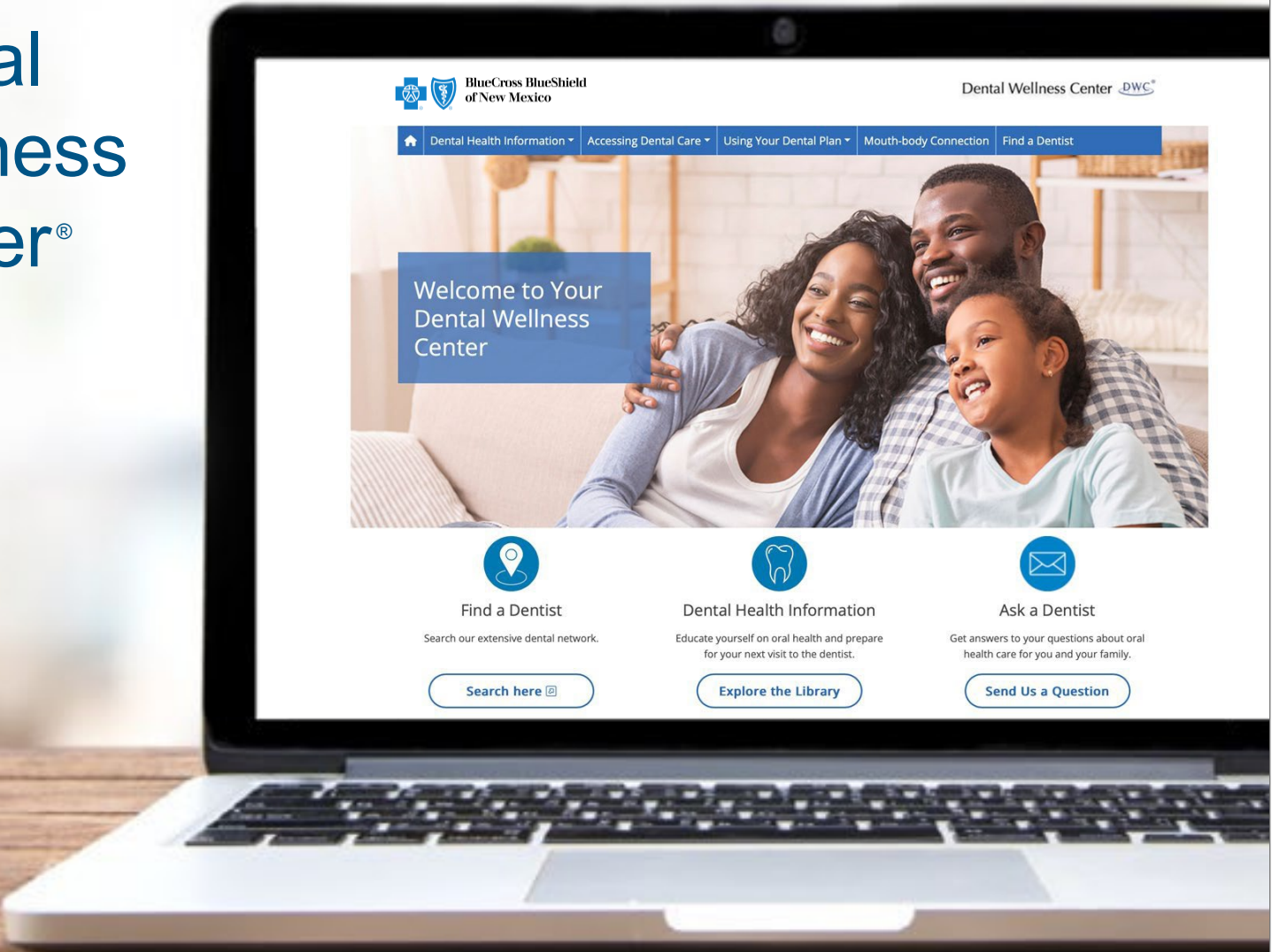
BlueCross BlueShield
of New Mexico

*Network360® Analytics Suite (September 2024).

**February 2024 Membership Report

Member Resources

Dental Wellness Center®



Interactive Web Tools



Find a Dentist



Dental Cost Advisor



Ask a Dentist



Dental Dictionary



Educational Videos



In the News



Mouth & Body Connection

BlueCare Dental Enhanced Benefit

At-risk and high-risk members with diabetes, heart disease or who are pregnant.

After standard benefits are exhausted, members are eligible for one of the following additional benefits:

- **Routine cleaning**
- **Periodontal scaling and root planing**
- **Periodontal maintenance**

We make it easy! No member action required, no program enrollment requirement.

Eliminates financial barriers. Members do not have to pay at time of service and seek reimbursement.

