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NMPSIA Health Plan Benefits There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")	High Option PPO Benefits Member's Share of Covered Charges		Low Option PPO Benefits Member's Share of Covered Charges		EPO Benefits Member's Share of Covered Charges
See below:	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
Calendar Year Deductible					
Individual	\$750	\$1,500	\$2,000	\$4,000	\$500
Family	\$1,500	\$3,000	\$4,000	\$8,000	\$1,000
Annual Out-Of-Pocket Limit (Includes copayments, coinsurance, and deductibles)	4	40.000	4	40.000	40.000
Individual	\$4,100	\$9,500	\$4,100	\$9,500	\$3,250
Family	\$8,200	\$19,000	\$8,200	\$19,000	\$6,500
Office Visit/Exam Charge	Office Visit Consu		Office Visit Consu		Office Visit Consu
Office and Home Visits/Exams or Consultation	Office Visit Copay (deductible waived)		Office Visit Copay (deductible waived)		Office Visit Copay (deductible waived)
(Other services received during the office visits listed below such as therapy are subject to deductible, copay, and/or coinsurance as listed in the rest of the summary.)	(deductible waived)		(aeauctible walvea)		(deductible waived)
Primary Preferred Provider Office/Home Visit	\$25	40%	\$30	50%	\$25
Specialist/Office/Home Visit	\$50	40%	\$60	50%	\$25 \$35
Specialist/Office/Hoffie visit	330	40%	300	30%	333
Telehealth (Virtual video visit access. * Cost varies dependent on specific plan details - see your health plan for more information.)	\$0*	Not Covered	\$0*	Not Covered	\$0*
Office Surgery (Including casts, splints, and dressings)	20%	40%	25%	50%	20%
Allergy injections (only), Extract Preparation	No Charge (deductible waived)	40%	25%	50%	No Charge (deductible waived)
Therapeutic Injections: Allergy Testing	\$25	40%	25%	50%	\$25
Routine/Preventive Services (included but not limited to the following) Routine Adult Physicals and Gynecological Exams, Routine Tests (including Pap Tests, Cholesterol tests, Urinalysis, Human Papillomavirus (HPV) Screening); Colonoscopies (one covered at 100% annually regardless of diagnosis when in-network); Mammograms (no charge for breast imaging); Health Education Counseling (including diabetic and smoking cessation counseling) Family Planning (including insertion/removal of birth control devices, surgical sterilization in office, birth control and therapeutic injections) Immunizations (including travel immunizations); Well-Child Care; Routine Vision or Hearing Screenings	No Charge (deductible waived)	40% (deductible waived)	No Charge (deductible waived)	50% (deductible waived for routine testing only)	No Charge (deductible waived)
Acupuncture and Massage Therapy (when medically necessary) (combined max. benefit of 30 visits/calendar year)	\$50 copay	40%	25%	50%	\$35 copay
Naprapathy and Rolfing (when medically necessary) (combined max. benefit of 30 visits/calendar year)	(deductible waived)	Naprapathy and Rolfing Not Covered	\$50 copay (deductible waived) (Limit \$500 per year)	Naprapathy and Rolfing Not Covered	(deductible waived)
Chiropractic (Spinal Manipulation) (when medically necessary) (combined max. benefit of 30 visits/calendar year)	\$25 copay (deductible waived)	40%	\$30 copay (deductible waived)	50%	\$25 copay (deductible waived)
Ambulance Service: Ground and Emergency Air Transport		copay le waived)	25% coinsurance after deductible		\$25 (deductible waived)
Ambulance Services: Inter-facility Transport	· ·	60 le waived)	\$0 (deductible waived)		\$0 (deductible waived)

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See below:	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
Autism Spectrum Disorder Applied Behavioral Analysis (ABA). Specialist includes outpatient physical therapy, occupational therapy & speech therapy.	No Charge	40%	No Charge 50%		No Charge
Biofeedback (For specified medical conditions only)	\$50 copay (deductible waived)	40%	25%	50%	\$35 copay (deductible waived)
Cardiac and Pulmonary Rehabilitation (Office/Outpatient)	\$50 copay (deductible waived)	40%	25%	50%	\$35 copay (deductible waived)
Dental/Facial Accident, Oral Surgery & TMJ/CMJ Services	Varies by Services	40%	25%	50%	Varies by Services
Emergency Room Treatment Physician and other professional provider charges	\$450 copay (deductible waived)		\$450 copay after deductible		\$150 copay plus 20% coinsurance after deductible
Hearing Aids and Related Services (Age 21 & older: Routine exams testing not covered)	Hearing Aids: No Charge up to \$500; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$500; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$500; thereafter you pay 90% coinsurance in any 36-month period
Hearing Aids and Related Services (Under age 21: Exam testing subject to usual cost-sharing)	Hearing Aids: No Charge up to \$2,200 per hearing impaired ear; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$2,200 per hearing impaired ear; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$2,200 per hearing impaired ear; thereafter you pay 90% coinsurance in any 36-month period
Home Health Care/Home I.V. Services Limitations	20% Unlimited	40% 120 visits per calendar year	25% Unlimited	50% 120 visits per calendar year	20% Unlimited
Hospice Services Including respite care (limited to 10 days for each 6-month per hospice period - 2 periods per lifetime); Bereavement counseling (limited to 3 sessions during the hospice benefit period)	No charge (deductible waived)	40%	25%	50%	No charge (deductible waived)
Infertility: Diagnosis <u>Testing</u> Only - No Treatment	Varies by services	40%	Varies by services	50%	Varies by services
Lab, X-Ray, and other Basic Diagnostic Tests - non-routine (Office/Freestanding Lab or Radiology Facility)	\$30 copay or actual allowable amount, whichever is less per day (deductible waived)	40%	\$35 copay or actual allowable amount, whichever is less per day (deductible waived)	50%	\$25 copay or actual allowable amount, whichever is less per day (deductible waived)
Lab, X-Ray, and other Basic Diagnostic Tests - non-routine (Outpatient Department of Hospital)	\$60 copay or actual allowable amount, whichever is less per day (deductible waived)	40%	\$70 copay or actual allowable amount, whichever is less per day (deductible waived)	50%	\$50 copay or actual allowable amount, whichever is less per day (deductible waived)

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See below:	In-Network Provider	Out-Of-Network Provider	In-Network Provider		Out-Of-Network Provider	Preferred Provider (Narrow Network)			
High Tech Imaging: MRI, MRA, CT Scan, PET Scan (No charge for breast imaging)	\$600 copay or 20%, whichever is less per day (deductible waived)	40%	\$700 copay or 25%, whichever is less per day (deductible waived)		50%	\$500 copay or 20%, whichever is less per day (deductible waived)			
Professional Interpretation & Reading (Lab, X-Ray, & High Tech)	No Charge	40%	No Charge		50%	No Charge			
Prothrombin Time Test	\$10 copay (deductible waived)	40%	\$10 copay (deductible waived)		50%	\$10 copay (deductible waived)			
Sleep Study	20%	40%		25%	50%	20%			
	Inpatient	Hospital/Facility Servi				ne same condition within 15 days of discharge or ays of discharge from an acute care facility.)			
Medical/Surgical Acute Care and Maternity-Related Room & Board (Covered Ancillaries and Related Professional Charges) Skilled Nursing Facility (max. 60 days/calendar year) Inpatient Physical Rehabilitation	20% coinsurance after deductible	40% coinsurance after deductible	25%		50%	\$500 facility copay/admission plus 20%			
Observation Stay including Related Professional Charges	\$100 facility copay plus 20%	40%	25%		50%	\$100 facility copay plus 20%			
	Maternity Services								
Physicians Midwife Services (Delivery, pre- and post-natal care, including lab, diagnostic testing, and pre-natal genetic testing, when medically necessary)	\$25 Office Visit Copay/Initial Visit	40%	25%		50%	\$25 Office Visit Copay/Initial Visit			
Hospital Admission (Including routine newborn nursery charges)	20% coinsurance after deductible	40%	25%		50%	\$500 copay per pregnancy plus 20%			
Extended Stay - (non-routine) Charges for covered Newborn	20% coinsurance after deductible	40%	25%		50%	\$500 facility copay/admission plus 20%			
Home Birth	20%	40%	25%		50%	20%			
Mental Health Services									
Office, Home, Outpatient Facility/Physician	No Charge	40%	No	Charge	50%	No Charge			
Inpatient	No Charge	40%	No Charge		50%	No Charge			
Partial Hospitalization	No Charge	40%	No Charge		50%	No Charge			
Facility-Based Intensive Outpatient Programs (IOP)	No Charge	40%	No Charge		50%	No Charge			

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See below:	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
		r of courses of treatment for a			
Office, Home, Outpatient Facility/Physician (No limit on number of days/calendar year)	No Charge	40%	No Charge	50%	No Charge
Inpatient (No limit on number of days/calendar year)	No Charge	40%	No Charge	50%	No Charge
Partial Hospitalization (No limit on number of days/combined with Inpatient)	No Charge	40%	No Charge	50%	No Charge
Facility-Based Intensive Outpatient Programs (IOP)	No Charge	40%	No Charge	50%	No Charge
	Reside	ntial Treatment Cente	r		
Residential Treatment Center (RTC): (For adults age 18 & older only) (No limit on number of days/and no limit on days/admit)	No Charge	40%	No Charge	50%	No Charge
Outpatient Hospital/Facility/Ambulatory Surgery Facility (Including Related Professional Charges)	20% coinsurance after deductible	40%	25%	50%	\$150 copay plus 20%
Short-Term Rehabilitation Outpatient and Office: Occupational, Physical & Speech Therapy Services	\$25 copay (deductible waived) up to \$250; thereafter No Charge for the remaining calendar year	40%	\$30 (deductible waived)	50%	\$25 copay (deductible waived) up to \$250; thereafter No Charge for the remaining calendar year
Smoking/Tobacco Use Cessation (Includes medication, hypnotherapy, acupuncture, related tests, and any counseling programs not eligible under Routine/Preventive Services)	No Charge For Prescription Drugs, see your CVS Plan for details	50% For Prescription Drugs, see your CVS Plan for details	No Charge For Prescription Drugs, see your CVS Plan for details	50% For Prescription Drugs, see your CVS Plan for details	No Charge For Prescription Drugs, see your CVS Plan for details
Supplies, Durable Medical Equipment, Prosthetics & Functional Orthotics Prior Authorization needed for services over \$1,000 (Support hose limited to 12 pair (or 24 hose) and Mastectomy Bras up to 6 per calendar year) Prosthetics and/or orthotics are not subject to financial penalties or greater restrictions than other medical services.	20%	40%	25%	50%	20%
Insulin Pump Supplies and Glucose Meters (Insertion sets and reservoirs)	No Charge (deductible waived)	40%	No Charge (deductible waived)	50%	No Charge (deductible waived)
Therapy: Chemotherapy and Radiation Therapy	No Charge (deductible waived)	40%	25%	50%	No Charge (deductible waived)

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See below:	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
Therapy: Dialysis	20%	40%	25%	50%	20%
Transplant Services Maximums apply to donor charges, travel, and lodging. Services must be received at a facility that contracts with the plan or with a national transplant network approved by the plan.	Applicable copays based on place and type of service	Not Covered	Applicable copays based on place and type of service	Not Covered	Applicable copays based on place and type of service
Urgent Care (Includes all services and supplies such as the facility's x-ray, labs, physician fees)	\$50 copay (deductible waived)	40%	\$60 copay (deductible waived)	50%	\$45 copay (deductible waived)

Prescription Drugs, Insulin, Diabetic Supplies, Nutritional Products, Smoking/Tobacco Cessation Products:

Administered by CVS Caremark. Call CVS Caremark Customer Service Center: 1-877-787-0652.

(No charge for drugs used to treat behavioral health conditions)

Prescription Drug Annual Out-Of-Pocket Limit (Includes copayments and coinsurance)	\$3,000/Individual \$6,000/Family	\$3,000/Individual \$6,000/Family	\$3,100/Individual \$6,200/Family					
Prescription Specialty Drugs (No charge for drugs used to treat behavioral health conditions)	Specialty drugs must be filled via the CVS Specialt	Specialty drugs must be filled via the CVS Specialty pharmacy that offers the PrudentRx Copay Assistance Program at 1-800-578-4403. • Specialty drugs require preauthorization by calling CVS Caremark Specialty Pharmacy at 1-866-387-2573. For most specialty drugs, the contracted specialty drug mail-order pharmacy is required after two fills at retail. In certain cases, specialty drugs are covered only at the contracted mail order pharmacy.						
	contracted specialty drug mail-order pharmacy is							
	Specialty drugs that are essential health benefits and obtained from in-network retail and mail order locations accumulat Outpatient Drug Out-of-Pocket Limit.							
	drugs. To enroll, contact PrudentRx at 1-800-578	Members may qualify for Specialty drug copayment assistance available via enrollment in the PrudentRx program for certain Specialty drugs. To enroll, contact PrudentRx at 1-800-578-4403. Non-essential health benefit specialty pharmacy drugs under the PrudentRx program do not accumulate to the Outpatient Drug Out-of-Pocket Limit.						