

New Mexico Public Schools Insurance Authority

Prescription Drug Program



About Express Scripts

- Express Scripts is NMPSIA's chosen partner for administering your prescription plan
- We are a leading pharmacy benefit manager that puts medicine in reach for tens of millions of people
- As an Express Scripts member, you have access to:
 - 60k+ retail pharmacies located across the United States
 - Convenient home delivery services
 - Express-Scripts.com and our mobile app for ordering and managing your prescriptions
 - Accredo specialty pharmacy for medications that treat complex and chronic health conditions
 - Specialized pharmacists, nurses and other clinicians in 20+ condition-specific Therapeutic Resource Centers





Express Scripts Formulary

Your plan covers a broad range of medications that fall into three categories:

First tier:

Generic drugs

Second tier: preferred brand-name drugs (lower cost)

Third tier:

Non-preferred brand-name drugs (higher cost than First and Second tier)

Excluded: drugs that are not covered under your benefit



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Generic lower

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aminda

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amlodig

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amlodic

amorici

amoxici

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2018 Express Scripts National Preferred Formulary

You can find more information at expres

The following is a list of the most commonly prescribed drugs. It represents an abbreviated version of the drug list (formulary) that is at the core of your prescription plan. The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whonever appropriate

PLEASE NOTE: Brand-name drugs may move to nonformulary status if a generic version becomes available during the year. Not all the drugs listed are covered by all prescription plans: check your benefit materials for the specific drugs covered and the copayments for your prescription plan. For specific questions about your coverage, please call the phone number printed on your member ID card.

	azithromycin	clonidine
njectable Drug		clopidogrel
ame drugs are listed PITAL letters.	В	clotrimazole/betamethasor dipropionate
drugs are listed in	baclofen	COLCRYS
case letters.	BARACLUDE SOLUTION	COMBIGAN COMBIPATCH
	benazepril benzonatate	COMBIVENT RESPINAT
	BEPREVE	COPAXONE 40 MG [INJ]
MAINTENA [INJ]	BETASERON [INJ]	CORLANOR
CA	BETHKIS BEVESPI AEROSPHERE	COSENTYX [INJ] CREON
inophen/codeine	BIKTARVY	CRINONE
A (INJ)	bisoprolol/hctz	cyanocobalamin [INJ]
H.P. [INJ]	blisovi fe BOSULIF	cyclobenzaprine
Å	BREO ELLIPTA	D
Ś	BRILINTA	-
DISKUS	BRISDELLE	DALIRESP
HFA A (INJ)	budesonide nebulization suspension	DARAPRIM DAYTRANA
G [INJ]	bupropion	DESCOVY
0	bupropion ext-release	desloratadine
ol nebulization ion	buspirone butalbital/acetaminophen/	desonide desvenlafaxine succinate
nate	caffeine	ext-release
nol	BYDUREON [INJ]	dexamethasone
AN P 0.1%	BYETTA [INJ] BYSTOLIC	dexmethylphenidate ext-release
am	BYVALSON	dextroamphetamine/
rone	DTHEODI	amphetamine
yline	C	dextroamphetamine/ amphetamine ext-releas
ine	CABOMETYX	diazepam
ine/benazepril	CANASA	diclofenac sodium
ine/valsartan Ilin	CARAC	delayed-release
llin/potassium	carbidopa/levodopa carvedilol	dicyclomine digoxin
lanate	cefdinir	diltiazem ext-release
۱ <u>.</u>	cefuroxime axetil	diphenoxylate/atropine
zole DERM	celecoxib cephalexin	divalproex delayed-release divalproex ext-release
EL 1.62%	CETROTIDE [INJ]	DIVIGEL
ELLIPTA	chlorhexidine gluconate	donepezil
	chlorthalidone CIALIS	doxazosin
A NEOHALER	CIPRODEX	doxycycline hyclate doxycycline monohydrate
zole	ciprofloxacin	DUAVEE
)a [INJ] Air Respiclick	citalopram clarithromycin	DULERA dulovating delayed release
Y ELLIPTA	CLENPIQ	duloxetine delayed-release DUPIXENT (INJ)
X HFA	clindamycin hcl	DYMISTA
X TWISTHALER	clindamycin phosphate	
/chlorthalidone	topical clindamycin phosphate/	Ε
tatin	benzoyl peroxide	EDARBI
[INJ]	clobetasol propionate	EDARBYCLOR
ne nasal spray	clomiphene citrate clonazepam	ELIDEL ELIQUIS
ne nasar spildy	cionazopani	LEIQUID
ress-scripts.com/2018dru	igs for a full list of formulary exclusion	ons with their covered alternativ
Scripts Holding Company	THIS DOCUMENT LIST IS EFFECTIVE JAN	
ed	You can	find more information at expres-

clonidine	EMVERM	GILENYA
clopidogrel	enalapril	GILOTRIF
clotrimazole/betamethasone	ENBREL [INJ]	glimepiride
dipropionate	enoxaparin [INJ]	glipizide
COLCRYS	ENSTILAR	glipizide ext-release
COMBIGAN	ENTRESTO EPCLUSA	GLUCAGEN [INJ] GLUCAGON [INJ]
COMBIVENT RESPINAT	EPIDUO FORTE	GLUCAGON [INU]
COPAXONE 40 MG [INJ]	EPINEPHRINE AUTO-INIECTOR	glyburide GLYXAMBI
CORLANOR	(by Mylan) [INI]	CONAL E CONAL E REE
COSENTYX FINJ	(by Mylan) [INJ] EPIPEN, EPIPEN JR [INJ]	GONAL-F, GONAL-F RFF, GONAL-F RFF
CREON	ergocalciferol	REDI-JECT [INJ]
CRINONE	ERLEADA	GRALISE
cyanocobalamin [INJ]	erythromycin eye ointment	GRANIX [INJ]
cyclobenzaprine	escitalopram	GRASTEK
-	esomeprazole magnesium	guanfacine ext-release
D	delayed-release estradiol	
DALIRESP	estradiol patches	Н
DARAPRIM	estradiol/norethindrone	HARVONI
DAYTRANA	acetate	HELIXATE FS [INJ]
DESCOVY	ESTRING	HUMALOG [INJ]
desloratadine	eszopiclone	HUMATROPE [INJ]
desonide	EUFLEXXA [INJ]	HUMIRA [INJ]
desvenlafaxine succinate	EVEKEO	HUMULIN (IN)]
ext-release dexamethasone	EXTAVIA [INJ] ezetimibe	hydralazine hydrochlorothiazide
dexmethylphenidate	ezetimibe	hydrocodone/acetaminophen
ext-release	F	hydrocodone/
dextroamphetamine/	<u>r</u>	chlorpheniramine polistirex
amphetamine	famotidine	ext-release
dextroamphetamine/	FARXIGA	hydrocortisone topical
amphetamine ext-release	fenofibrate	hydromorphone
diazepam	fenofibrate micronized	hydroxychloroquine
diclofenac sodium	fenofibric acid	hydroxyzine hcl
delayed-release dicvclomine	delayed-release fentanyl patches	hydroxyzine pamoate HYSINGLA ER
digoxin	FETZIMA	ITTOINGER EN
diltiazem ext-release	FINACEA	1
diphenoxylate/atropine	finasteride	1
divalproex delaved-release	FLECTOR	ibandronate
divalproex ext-release	FLOVENT DISKUS	IBRANCE
DIVIGEL	FLOVENT HFA	ibuprofen
donepezil	fluconazole	ILEÝRO INCRUSE ELLIPTA
doxazosin doxycycline hyclate	fluocinonide fluoxetine	indomethacin
doxycycline monohydrate	fluticasone nasal spray	INFLECTRA (INI)
DUAVEE	folic acid	INLYTA
DULERA	FRAGMIN [INJ]	INVOKAMET
duloxetine delayed-release	furosemide	INVOKAMET XR
DUPIXENT [INJ]	FYCOMPA	INVOKANA
DYMISTA		irbesartan IRFSSA
	<u>G</u>	isosorbide mononitrate
E	gabapentin	ext-release
EDARBI	GELNIQUE	
EDARBYCLOR	gemfibrozil	1
ELIDEL	GENOTROPIN [INJ]	
ELIQUIS	GENVOYA	JANUMET, JANUMET XR
		(continued)
	r log on to compare drug prices. Cost	
IARY 1, 2018 THROUGH DECEMBER 31, 2018. THIS LIST IS SUBJECT TO CHANGE.		
find more information at express-scripts.com. PEMIZ2157-16 (07/01/18		



Prescription Costs	Participating retail pharmacies	Express Scripts Home Delivery
	Retail (30-day supply)	Mail Order (90-day supply)
Out of Pocket Maximum (Prescription Only- All Drugs)	\$3,100 single /	′ \$6,200 family
Generic	\$10	\$22
Brand (Preferred)	30% (\$30 min / \$60 max)	\$60
Brand (Non-Preferred)	70%	70%
Specialty Medications (30 day supply) – Must be obtained via Accredo Specialty Pharmacy	\$80 Prefe	Generic erred Brand referred Brand

** If you obtain a brand-name drug when a generic equivalent is available, you are responsible for the brand copayment plus the cost difference between the brand-name drug and the generic drug**

Diabetic Medications and Supplies

	Participating retail pharmacies	Express Scripts Home Delivery
	Retail (30-day supply)	Mail Order (90-day supply)
Diabetes supplies, Generic & preferred- brand insulin	\$0	\$0
Generic & preferred-brand oral diabetes medications	\$10	\$22
Brand (Non-Preferred) diabetes medications and supplies	70%	70%

Please Note: Express Scripts Formulary Preferred Brand for Diabetes Blood Glucose Meters and Test Strips is LifeScan (OneTouch)

Vaccines

- NMPSIA members will pay \$0 on certain vaccines including:
 - Influenza (Flu), Pneumonia, Shingles, MMR, Hepatitis A & B, Meningococcal, Tetanus/Diphtheria/Pertussis, Varicella (chicken pox)...to name a few
- Vaccines through the pharmacy benefit are:
 - A key preventive measure for seasonal influenza and other viral conditions
 - More convenient and less expensive through the pharmacy network than at physician practices
 - Likely to result in lower medical costs
 - All states allow certified, registered pharmacists to administer vaccines
 - Call Customer Service to locate a certified pharmacist near you



Get Started With Express Scripts Mail Order





- E-Prescribe (electronic prescribing) Have your physician send your prescription direct to Express Scripts pharmacy for processing
- Phone Call into Express Scripts customer service and request that your maintenance medication be moved to home delivery. We will consult your physician and take it from there!
- **Register** on express-scripts.com or Express Scripts mobile app and transfer medications to home delivery with a click of a button
- **Mail** Complete a home delivery order form and submit it, along with a paper prescription, for processing
- Payment Options check card or credit card is the preferred method for online orders. ESI accepts Visa, MasterCard, American Express and Discover. Provide your check card or credit card information or choose to be billed later for mail in orders.



Ask your doctor if a generic medication will work for you

- When you receive a prescription from your doctor, or if you are taking brand-name drugs today, ask
 - If a generic version of the medication is available
 - If generic medications are right for you
 - If there are any risks if you change from a brand-name drug to a generic drug
- Generics have the same chemical makeup as brand-name counterparts and have the same effect on the body
- Makers of generics spend less on research and advertising, and the savings get passed on to you

8 out of 10

prescriptions filled in the United States **are for generic drugs**



Have a question about a medication? Give us a call

Each specialist pharmacist has had specialized training in the medications used to treat a specific condition, such as:

- High cholesterol
- High blood pressure
- Depression
- Diabetes
- Asthma
- Osteoporosis
- Cancer

You can contact a pharmacist 24/7 to ask about:

- Drug interactions
- Side effects
- Risks and benefits of your medication
- Help taking your medication as prescribed — which is one of the best ways to help maintain or improve your health

Talk with an Express Scripts pharmacist for general counseling — or a specialist pharmacist for complex concerns – by calling the number on the back of your prescription drug ID card

800-498-4904

9

Therapeutic Resource Centers

Personalized care for patients

Retail pharmacists

- Typically generalists who dispense medications for many conditions
- Juggle many tasks: filling prescriptions, checking orders, overseeing pharmacy
- Setting offers minimal privacy to counsel patients
- Average time talking to each patient is less than

Specialist Pharmacists

- Extensively trained in medications for a single disease state
- Focused on disease and therapy management
- Speak to patients in their homes or wherever they prefer
- Average time talking to each patient is

12 minutes

2 minutes*



Prior Authorization

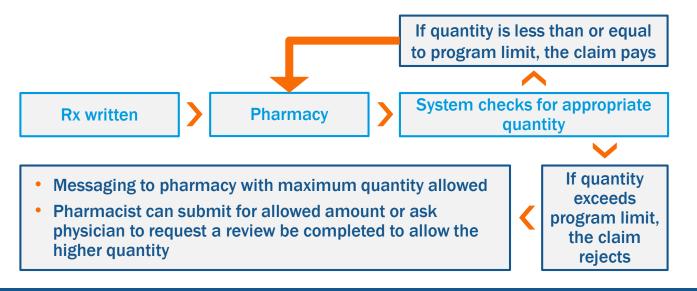


- Some medications require a Prior Authorization – a process to ensure the medication prescribed is appropriate for the patient and/or the condition and is covered by the prescription drug plan
- Physician's submit documentation for Prior Authorization on the patient's behalf
- Most Prior Authorizations expire after 1 year



Drug quantity management (DQM): The right amount

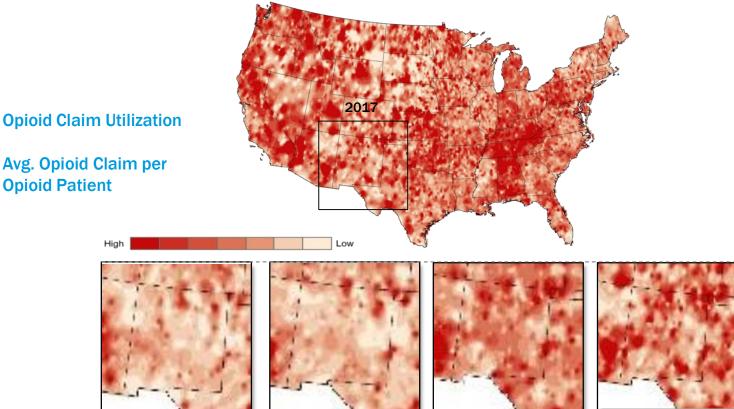
- Aligns the dispensed quantity of prescription medication with FDA-approved dosage guidelines
- Ensures that the most cost-effective product strength is dispensed
- Helps reduce waste



DQM asks : Is this the correct quantity (tablets/capsules) of this medication?



Putting the Brakes on the Opioid Epidemic



2016

2014

2015

2017

Heat maps based on Express Scripts data, 2016



Influence at home





Patients are NOT aware of opioid risks

70%

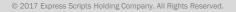
of abused Rx medicine is provided by or stolen from friends/family



Education, proactive care and safe disposal of opioids needed at home

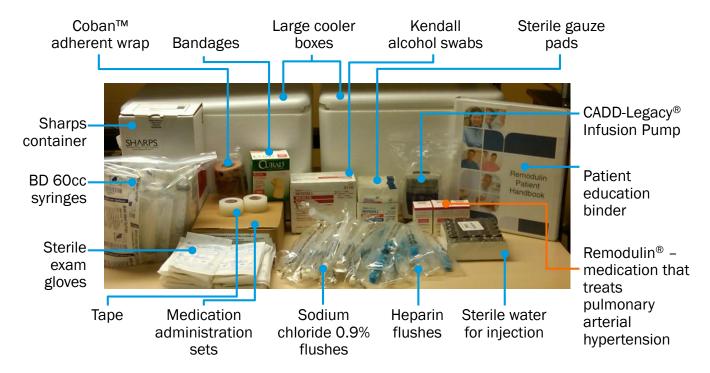
- **1. Safety Edits** to ensure patients are receiving the appropriate opioid prescription
- 2. Educational letter at first fill
- 3. Provide safe deactivation drug disposal bags
- 4. Proactive outreach from our Neuroscience TRC—A specially trained TRC Opioid Neuroscience Pharmacist contacts each opioid patient every time they fill:
 - **2 or more different short-acting opioids** within the last 30 days
 - 2 or more long-acting opioids within the last 21 days and 2 or more prescribers
 - 3 or more different opioids (combination of short and long acting)
 - The 3 drug combo





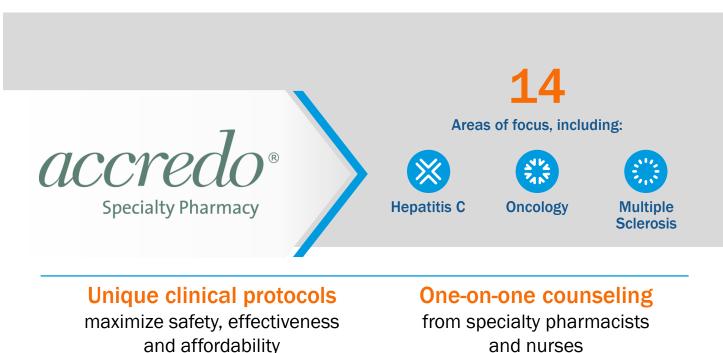


The complexity of specialty medications One prescription = 16 items





Accredo Specialty Pharmacy



NMPSIA offers a specialty program through SaveonSP on select specialty drugs to maximize the use of manufacturer assistance dollars resulting in a potential \$0 copay. Drugs are dispensed through Accredo Specialty Pharmacy. Contact SaveonSP at 800-683-1074 for more information.

Express Scripts Registration

Use express-scripts.com and the Express Scripts mobile app to manage your medications and prescription benefit plan.

There are two easy ways to register:



Register at express-scripts.com or



... download the Express Scripts mobile app for free and register

- Register using your member ID number or Social Security Number (SSN)
- One user name and password is all you need for web and mobile app access



Informative and actionable express-scripts.com home page



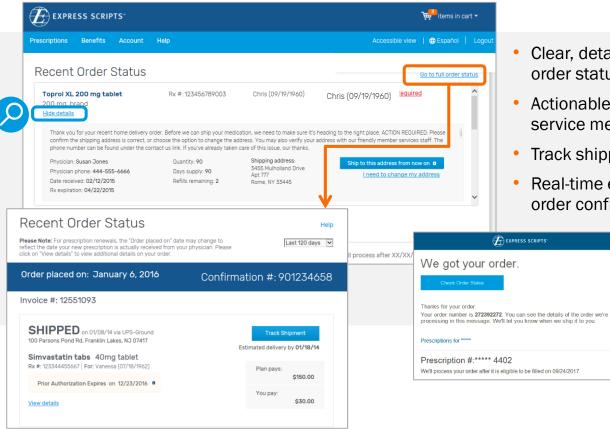
Order status is **#1 REASON** members visit the website.

- Provides a one-stop shopping experience
- Offers the services patients expect right up front...
 - Order status with tracking
 - Refilling a prescription
 - Enrolling in automatic refills
 - Visibility to home delivery savings
 - Transferring a prescription to home delivery
 - Navigating to anywhere in the site

Prescriptions Benefits My Recent Order Staf Synthroid 50 mcg tablet 50 mcg, brand View details Toprol XL 200 mg tablet 200 mg, brand View details	Account Help tus Rx #: 123456789003 Rx #: 123456789003		Accessible View	
Synthroid 50 mcg tablet 50 mcg, brand <u>View, details</u> Toprol XL 200 mg tablet 200 mg, brand	Rx #: 123456789003			er stati
50 mcg, brand View details Toprol XL 200 mg tablet 200 mg, brand			We need your approval	~
200 mg. brand	Rx #: 123456789003			
		Chris (09/09/1945)	Address Verification Required	l
Harvoni 90-400 mg tablet 90 mg - 400 mg, brand <u>View details</u>	Accredo Rx #: 297-4444364-00	Vanessa (07/28/1969)	Shipped on XX/XX/XXXX Tracking # 93748201164600649231480	
Lisinopril 20 mg tablet 20 mg, generic	Rx #: 123456789010	Vanessa (07/28/1969)	Shipped on XX/XX/XXXX Tracking # 93748201164600649231480	~
3 Imagine the conveni prescriptions in our a Atorvastatin 20 mg tablet 20 mg. generic <u>View details</u>	automatic refill progra Rx #: 123456789010		Will process after XX/XX/XXX/XXXX	w agai
Licht Metalla				
Avodart 0.5 mg softgel capsule 0.5 mg, brand View details	Rx #: 123456789011	Chris (09/09/1945)	Will process after XX/XX/XXXXX	
capsule 0.5 mg, brand			Will process after XXX/XXX/XXXXXXXXXXXXXXXXXXXXXXXXXXXXX	



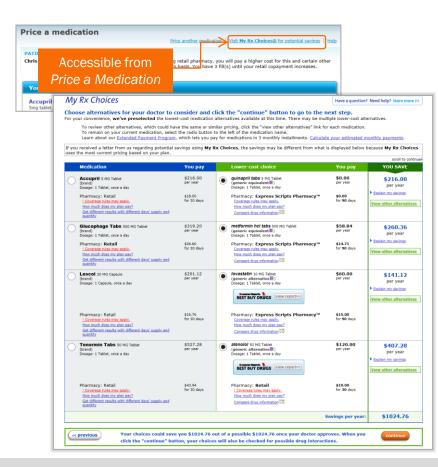
Order Status gives members real-time visibility



- Clear, detailed order status
- Actionable selfservice messages
- Track shipping
- Real-time email order confirmation



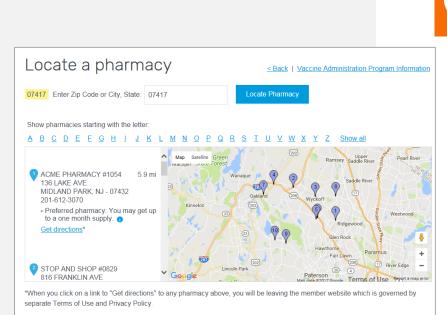
My Rx Choices explores options



- Side-by-side drug comparisons showing plan and usual & customary (U&C) pricing via retail and home delivery pharmacies
- Potential savings by drug and/or channel option
- Helpful drug information
- Ability to print for doctor review
- Access to Consumer Reports Best Buy Drug information
- Display 25+ possible lower-cost options



Easy to locate in-network retail pharmacies



Search by zip code or city/state

Results provide:

- Nearby in-network pharmacies with address and contact details in Google Maps
- Link to Price a Medication from the selected pharmacy
- Link for directions using Google Maps

Resource Center helps members with health decisions

- View resources and information by medical condition:
 - Cardiovascular
 - Diabetes
 - Neuroscience
 - Oncology
 - Pulmonary
 - · Women's Health
 - Specialty
- Access specialist pharmacists for counsel with medication information and management
- Access more information from sources, such as, Medline Plus





An app that drives better decisions and healthier outcomes for members <u>on the go</u>

Convenience

 Easy-order refills and up-to-the-minute order status lets members avoid trips to their local pharmacy

Simplicity

 One swipe of the finger is all it takes to stay on track with medications



Peace of Mind

 Reminders and a drug interaction checker help keep members traveling on the road to good health

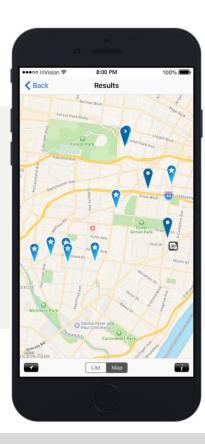
Versatility

 Flexibility that fits members' lives, delivering personalized prescription information – whenever & wherever they need it



Convenience & Simplicity

0	-	
••••∘∘ InVision ≎ — Tran	8:00 PM Isfer To Home de	100% 🗩
John Smith Review the cost informatio to complete your order.	n and confirm the pret	11/12/1960 scribing doctor
TIMOLOL MALEA John S. (11/12/1960) Doctor: Rossi, M. UPDA		
Cost Comparison	Retail	Home Delivery
Days' Supply	30	90
Cost per Rx	\$35.00	\$70.00
Annual Cost	\$426.00	\$284.00
	Transfer	
	\bigcirc	



Transfer to home delivery Locate a pharmacy



Peace of Mind & Versatility

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●●●○○ InVision 🗢	8:00 PM 100%
< 📰 Lower-cost	alternative results
John Smith	11/12/1960
Lisinopril TABLET 1 Tablet, once a day Retail	You pay: \$180.00 per year
Lower	-cost options
You could save	up to \$140.00 per year
Lisinopril 10 MG TABLET 1 Tablet, once a day	You save: \$140.00
Mail Generic Alternative	per year
	0





Convenience & Simplicity

Virtual ID card





Express Scripts:

We're here for you

- Register at Express-Scripts.com, using the information on your member ID card
- Download the Express Scripts mobile app from your app store to manage your medicines anywhere, anytime
- Call the Member Services number on the back of your member ID card: 800-498-4904



Thank you

